

## MetroWest Medical Center is proud to offer a Peer Support Program that has launched in the Emergency Department of the Framingham Campus (FUH ED).

This program provides emotional support to caregivers and staff who might suffer emotional or physical distress following a traumatic or adverse event that can occur in the workplace. In these instances, ongoing research indicates that these healthcare team members would prefer to receive emotional support from a peer.

The following Peer Supporters have been nominated by their peers and trained to offer formal, confidential, one-on-one support to fellow FUH ED colleagues after such an event.



A COMMUNITY BUILT ON CARE



JANICE
WHITNEY, R.N.
Nursing Director



LISA SOTIR, M.D. Chair, Emergency Medicine



PAUL KOTZAMPALTIRIS, D.O.



BRIDGET LEE, M.D.



BETHANY BRYANT, R.N.



REGINA DUNN, R.N.



SARAH JORDAN, R.N.



LISA LANDRY, R.N.



ERICA PARADIS, R.N.

If you are in need of assistance, we encourage you to reach out to a Peer Supporter, who will be available in person, by phone or by email (if not urgent).

The Peer Supporters' preferred contact information is available through ED Leadership. (Please see Janice Whitney, ED Nursing Director and/or Dr. Lisa Sotir, Chair, Emergency Medicine.)