**Post-Test Peer Support Training**

**Instructions**

1. **Professional Title: MD \_\_\_\_\_ RN\_\_\_\_\_\_\_\_ Allied Health \_\_\_\_\_\_\_\_\_ Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
2. **What is your gender**?  **M \_\_\_\_\_ F \_\_\_\_\_ Other \_\_\_\_\_**
3. **What is your ethnicity / race**? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. **What is your age (years)?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**QUESTIONS:**

1. **Please rate your knowledge of each of the following:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Poor | Fair | Good | Very Good | Excellent |
| Common signs/symptoms staff experience after distressing cases |  |  |  |  |  |
| The Peer Supporter Role and its scope/ boundaries |  |  |  |  |  |
| Confidentiality concerns with peer support |  |  |  |  |  |
| How to share own opinions and experiences |  |  |  |  |  |
| Benefits of peer support |  |  |  |  |  |

**2) Please rate your comfort level/ confidence applying the following skills:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Not Confident | Slightly Confident | Somewhat Confident | Confident | Very Confident |
| Actively listen |  |  |  |  |  |
| Show empathy |  |  |  |  |  |
| Interpret nonverbal communication |  |  |  |  |  |
| Use open-ended and probing questions |  |  |  |  |  |
| Maintain a non-judgmental approach |  |  |  |  |  |
| Supporting a colleague after an emotionally difficult case |  |  |  |  |  |
| Identifying when additional resources are needed for a colleague |  |  |  |  |  |

**In the items below, circle the response that corresponds with your level of agreement.**

1. The emotional and physical response to an emotionally challenging clinical event is best described as normal human reaction to an abnormal situation.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. A common reaction for clinicians and/or staff member immediately following an acute unexpected patient outcome is to openly discuss their perceptions of the event with professional colleagues.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. Self-isolation is a classic initial characteristic of clinicians and staff after an emotionally challenging clinical event

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. Most people get emotional support after an emotionally challenging clinical event.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. Each staff member is unique and deserves an individualized approach to address their personal needs while recovering from an emotionally challenging clinical event.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. Initially after the event, the staff member needs to know that they are still a valued and trusted member of their department.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. Triggering of symptoms occurs when a clinician and/or staff member experiences something that reminds them of the patient or initial event.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. As a peer supporter, my primary focus is on my colleagues’ emotional response rather than the details of the story/event.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. I have the basic knowledge to adequately provide "emotional first aid" to a colleague following an emotionally challenging clinical event.

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

1. Talking to a peer about their emotional responses to a medical error is a bad idea because it increases medicolegal risk

**Strongly Disagree:** 1 2 3 4 5 6 7 8 9 10 **Strongly Agree**

**ASSESS THE TRAINING:**

1. **Overall, how would you rate today's workshop?**

* Excellent
* Very Good
* Good
* Fair
* Poor

1. **Would you recommend this workshop to others who are interested in helping to provide peer support?**

* Yes: Why \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* No: Why Not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Maybe

1. **What part/s of today’s event did you find most useful? (For example, any new information or skill-building activities that you found helpful?)** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. **What suggestions do you have for helping us to improve the next workshop?**

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