## Advice for clinicians following adverse events from those who have already sought support:

- "You will get through this."
- "There is help available."
- "Developing a plan for how to cope and thinking about moving forward is key."
- "You will see the bigger context at some point—perhaps not right now, but soon."
- "You will return to caring for patients with confidence."

## Call Patient Safety Support – (314) 747-1477

Most, if not all, clinicians experience an adverse event in their career. There are colleagues at WUSM who have been through similar events, and are trained to provide peer support, getting you back to what you do best — providing excellent care for your patients.

You are not alone.

